

#### **June 2019**

508 Harwood - Bedford, Texas 76021

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2 - June 2019

4th of July

# NEW FALL SEEDS PROGRAMS



#### Self-Esteem, Empowerment, & Education thru Dance

Star Dancer SEEDs

Star Dancer SEEDs is an after school and weekend program to present to youth

the finest instruction in World and Global Dance along with programming that promotes self-discovery, self-actualization, self-confidence, and selfesteem, provides mentorship at a very high level and prepares young women for Independence. The SEEDs program is part of the Star Dancer Academy (Bedford, TX) established in 1977.



#### The Mission

To mentor young women—instilling in them a strong sense of self, appreciation of the arts, financial and social responsibility, and to broaden their understanding of global cultures. This is accomplished through the vehicle of World and Global Dance, talking circles, journal writing, and presentations.



No previous dance training is required. The only exception is the Intermediate SEEDs class. The Intermediate class is intended as a continuing class for last year's Little SEEDs.

\$65.00 monthly \$10 registration fee lsis Academy of Performing Arts: www.isisandthestardancers.com 817.498.7703



Baryshnikov: 'My jump is not high enough, my turns aren't perfect, I can't get my leg behind my ear.' Please don't do that. Sometimes there's an obsession with the technique that can kill your best impulses.

**Costume Contests** 

6:00 pm Saturday night

But communicating with an art form means being vulnerable. Being imperfect. And most of the time this is much more interesting. Trust me."

### Ten Things You Might Not Know About

Journalist and Photographer



Sandra & Tammye



Editor Tammye & Josey



Cammye & Sister Jonetta @ Farm



1. I was born with 2 teeth. I don't actually know which two it was, but I always tell people it was the two fangs. Mom took me to the dentist and had them pulled forthwith.

2. When I was about 3 or 4 months old, thanks to a contaminated batch of baby formula, there was an outbreak of amoebic dysentery among infants in Texas, including me. Several infants died; I was not one of them. But after several days strapped to a hospital bed with numerous IVs, I was left with a lifelong phobia of needles. Fear of needles, by the way, is called aichmophobia.

3. My grandfather had a farm with cattle when I was growing up. As a teenager, I earned money by taking my Dad's '53 Chevy pickup over to the cow lot at the barn, filling the bed with cow manure and then driving into town and selling it to the women on the Azalea Trail as fertilizer for their azalea bushes. It was

\$15 for a 50-pound bag of manure and \$50 for a truckload.

4. When I was a junior in high school, I was a National Merit Scholar semi-finalist.

5. When I was a senior in high school, I won a National Quill and Scroll Gold Key award for journalism.

6. I spent the summer I graduated from high school (1979) working in a cancer research program at MD Anderson Hospital in Houston, and I went to Austin College in Sherman as a pre-med student, I soon changed my major to "Partying in the Bars in Dallas" and left college after 2 years.

7. My first full-time newspaper job was at my hometown newspaper, *The Jasper Newsboy*, beginning in spring of 1982. That means I have been a professional journalist for 37 years.

8. My dream job would be to work as a photographer for National Geographic.

9. In addition to needles, I have an irrational fear of the Three Deadly S's: Spiders, Snakes and Sharks. I am not really worried about sharks because I don't go in the ocean bothering them, and they don't come to Fort Worth and bother me. Snakes are ok as long as I know that they are there; it's when they sneak up on me that they scare me stupid. Spiders are always evil, I know they are lurking in the shadows, waiting for me to let down my guard.

10. My favorite cake in the whole wide world is red earth cake (red velvet cake is not the same thing); my favorite candy is Ferraro Red Hots (not Brach's; Brach's Cinnamon Imperials suck); and my favorite pie is the peppermint cream cheese pie that Sandra makes.



Things everybody probably already knows: Sandra and I have been together 18 years. I am from Jasper, Texas, and my parents and many extended family members still live there, and I go home to visit as often as I can. I have one sister, Janna Burzynski, and she has one daughter, my niece Brianna, who graduates this month.

Sandra has one brother who has provided us with another niece, Clementine. She is 3 or 4, I can't remember. We have two sons, Josh, 22, and Jake, 20.



Mayfest - May 3 - Friday - Fort Worth - 7:00 pm Star Dancers, PC, PPC, CDT, Wings, Drums of Isis photo below by Isis









# The next pages include a flyer with our Individual Categories for both Thursday, Friday and Saturday nights. We want to offer the opportunity to those of you who wish to be sponsors of a category and/or provide the prizes for these popular competitions, to be promoted on our

website immediately, on facebook, in the program and in our Power Point Presentation.

### **PHOTOGRAPHER'S CHOICE AWARD**

This winner is chosen from Thursday & Friday Competitors, by our official photographers, and will receive a Trophy!

### PROGRAM ADS



We are, in addition, offering terrific **program ads** - so many of our attendees are from other areas and it is, of course, always a great idea to add YOUR name in a special ad for them to take home in their **souvenir program**. Programs are in Color and FREE!

You know that many times our dancer and or drummer Star instructors and/or participants in workshops also put on events themselves, or order supplies for their classes and it's always a plus for them to have a special ad to remind them who, what, where and why!!

If you would like to advertise to the more than 1500 - 2000 dancers and audiences that participate in Yaa Halla, please let us hear from you in plenty of time for us to save you a half or full page spot in the program! It's going to be another top turnout this year!

We also have a **Power Point Presentation** that is being offered and will be played daily in the front lobby; in the main room on the large screen as dancers enter during the morning; during lunch; plus before and during the intermissions of the shows.(Our **competition sponsors** receive this perk at no additional cost!)

Deadline: July 1, 2019 See you soon ... be sure to contact me if you have any questions!

### Hugs, **Isis** and **Del**

817-282-8216 817-371-4747 (Isis cell) yaahalla@aol.com www.isisandthestardancers.com



Tiny

Sample

POWER

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Program Advertisement &	& Power Point Form			
Isis Productions P. O. Box 311 Colleyville, Texas 76034	* 2'aa halla, 2 (*Welcome, everyo		webs www.isisandthes	tardancers.com
817.498.7703 promote	"A Gathering of th you!! in Jexas	e Stars"	e-ma <u>yaahalla(a</u>	
We distribute over 2000 <u>P</u>	<b>NEW DATE: July 25</b> a space available in our high-qualit <b>rograms</b> (free!) during the weekend at a out on this chance to advertise to a fa	ty <b>Program</b> as w nd the <u>Power Poi</u>	<u>nt</u> will be shown <b>al</b>	
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Please submit your ads i	n 300 dpi. PDF, TIF or JPG file type or email as a 300 dpi. pdf or jpg			ress above
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Again, please call if you have further questions: (817) 498-7703 or (817) 282-8216 or e-mail us at *yaahalla@aol.com* or through our website at *www.isisandthestardancers.com* 

### Why Sponsor Winners and Prizes or Advertise in the Yaa Halla, Y'all Program and/or the Power Point?

SENSATIONAL "FREE" EXTRA PERK

For Sponsors and Advertisers

With your promo/ad or sponsorship credit that is in the program, you will also receive a **FREE** promotional **AD** after Yaa Halla, Y'all in the *Star Dancer News* Newsletter that goes out to thousands of dancers, drummers and interested friends.

If you advertise in both, you will receive TWO Ads - one in each of two Star Dancer News Newsletters!

Let us help promote your upcoming event, your product, your service, YOU!

Program Advertising Sizes:

Full page: (8.5" high x 5.5 " wide)

1/2 page Horizontal: (4.25" high x 5.5 " wide)

#### Design Files/Artwork:

Provide fonts with artwork (or convert to curves) Resolution should be 300 dpi - PDF, TIFF, JPG or PSD file only All Photoshop files must be saved as CMYK color-mode

#### **Program Advertisement Placement:**

The publisher reserves the right to place all advertisements where needed in the program. Requests to be adjacent to, or separate from another advertiser are acceptable and will be honored wherever possible. Prospective advertisers may not purchase special positioning, such as right-hand front placement, etc. All advertisers pay the same affordable ad rates regardless of placement.



# CURRENT DANCE CLASSES

For those of you who have been out for personal reasons (congratulations on your weddings, babies, new houses), and for those of you who have missed any individual classes, below is the current schedule of classes to help you plan times to make up for any classes you have missed! Call if you have any questions!

#### Middle Eastern (Belly Dance) Classes

\* NEW Beginner Classes: Monday night - 6:30 p.m. Saturday morning - 9:00 a.m.

\* Intermediate Beginner Classes: Thursday night - 6:30 p.m. Saturday morning - 10:00 a.m.

\* Advanced I Classes: Monday night - 7:30 p.m. Thursday night - 7:30 p.m. Saturday morning - 11:15 a.m.

\* Advanced II Classes: Monday night - 8:30 p.m. Thursday night - 8:30 p.m.

Saturday daytime - 12:30 p.m. \* Advanced III Classes: Tuesday night - 6:30 p.m.

Saturday daytime - 1:45 p.m. \* Advanced IV Class:

Tuesday night - 7:30 p.m. \* RagsZahrah - Tuesday night - 7:30 p.m.

\* Isis Performing Company: (Second Tuesday)

\* RaqsMaysan - Wednesday night - 7:30 p.m



2019 Current



#### Middle Eastern Classes Continued:

- \* Cultural Dance Team 8:30 p.m.
  - (Third Tuesday night)
  - 3:00 p.m. Meeting (First Saturday day)
- \* Raksettes: Wednesday night 6:30 p.m.
- \* Wings of Isis: Wednesday night 7:30 pm

#### Girl's Belly Dance Classes:

- \* Gems Pre-Teen/Teen Classes Saturday - 12:30 p.m. \* New Gems - New Pre-Teen
  - Tuesday 6:30 p.m.

#### SEEDS (NEW):

\* Little Seeds & Intermediate Seeds TBA

#### Hula:

- \* Advanced Monday night 6:30 p.m.
- \* Beginner Monday night 7:30 p.m.

#### Men's:

\* Advanced I - Tuesday night - 7:30 p.m.

#### Fusion:

- \* Intermediate Saturday morning 9:00 a.m.
- \* Beginner Saturday morning 10:45 a.m.

# **BUDDY VOUCHERS**

Don't forget - after you've graduated from the Beginner Belly Dance Classes and received your Middle Eastern diploma, you are eligible to earn free classes.

f a friend signs up for new Beginner classes, lists <u>you</u> on <u>her or his</u> registration form, then receives a certificate after the full six months, you will earn a free month of classes!!

*Pick up <u>your</u> voucher at the front desk immediately after <u>her or his</u> graduation! Turn in your voucher for your free month of classes! Opa!* Thank you for being such a valuable part of our world.

#### NEW Beginner Drum Classes: Tuesday - Beginner - 6:30 pm Saturday - Beginner - 12:30 pm

### Current Drum Classes:

Tuesday - Intermediate - 7:30 pm Thursday - Advanced IV - 6:30 pm Advanced II - 7:30 pm Advanced III - 8:30 pm Saturday - Advanced I - 11:30 am



\*Yaa Halla, Y'all

### July 25-28, 2019

# What are the Teachers Teaching? Thursday 2019



YHY Complimentary Yoga with Inaya - Thursday - 8:30 - 8:55am - DAILY - Galaxy Room -Begin your workshop day with a Yoga warm up! Attendees should wear comfortable fitness or dance clothing (narrow leg pants, capris or shorts are recommended) a warmer layer that can be removed, and are encouraged to bring a yoga mat or big towel. Yoga blocks, stretching straps or fitness towels are also helpful, but not necessary.

DIVIDUAL WORKSHOPS OR FULL DAY OF THREE WORKSHOPS THURSDAY

#### **Celestial Room - Dance**



Karim Nagi - Thursday - 9:00am - 11:00am - 'MAQAM and TAQSIM FOR DANCERS' - Magam is the Arabic system of scales and melody creation. All songs, whether classical, pop or dance, are created in a Magam, which dictates whether the song is happy, somber, uplifting, spiritual or sensual. We align notes in the scale with specific body isolations, allowing them to follow a maqam by using her dance vocabulary. Dancers will learn how to ecognize, sing and move to magams by learning famous song examples. Special attention will be given to Tagsim, the art of instrumental solo improvisation. The dancer will practice interpreting the instrumental music into movement and personifying the mood of the music. This workshop is vital for dancers who wish to better interpret melody into movement.



**deera Varma -** Thursday - 11:30am - 1:30pm - 'BOLLYWOOD BELLYDANCE FUSION' - Spice up your dance repertoire with the sensuality of Oriental dance and the personality of Bollywood Dance! Learn a flirtatious choreography that gracefully blends these two different styles into an expressive piece full of energy and power. Enjoy theatrical playfulness, while exploring musical interpretation that helps you connect to your audience using your own authentic emotions. Embellish your character on stage, and use your body to its full potential in this dance piece filled with elegance and character!



Silvia Salamanca - Thursday - 2:00pm - 4:00pm - 'FILLING YOUR STAGE: Modern Dance Techniques to Creatively Embrace Your Space' - (All levels) It has been said that traditional belly dance can be performed on a stage the size of a postage stamp. Gone are those days! In this workshop, you will learn some useful Modern Dance techniques to utilize any dance space, no matter what size. Spinning, jumping, and gliding movements will be experimented with and experienced. The class will culminate with a few beautiful combinations to get you flowing through space.

#### **Galaxy Room - Dance**



**Colleena** - Thursday - 9:00am - 11:00am - Galaxy Room - 'INDIAN FUSION' - Spins and Arm Patterns' Learn detailed elements of Colleena's trademark style in Indian Fusion Belly Dance. The technique focus in this workshop is the North Indian Spin, which is a particular technique used in both folk and classical dances of North India. The class will start with a detailed breakdown, drilling precision in spins (spotting, endurance, direction changes, stopping on a dime and maintaining flawless posture) and later introduce graceful arm patterns / mudra. Building upon common postures of Kathak and Mughal paintings, students will learn several fusion dance phrases that demonstrate rich Indian Fusion details to embellish and inspire their dance.



Frank Farinaro - Thursday - 11:30am - 1:30pm - Galaxy Room - ULTIMATE WORLD FUSION DRUM SOLO CHOREOGRAPHY' - In this workshop we will learn an exciting choreography to a drum solo that incorporates elements of Oriental and Tribal belly dance, Polynesian Hula, Afro-Brazillian Samba, Bhangra, Odissi, Hip Hop, Salsa, and other dances from across the globe.



ShoShannah - Thursday - 2:00pm - 4:00pm - Galaxy Room - 'IT'S SHO TIME!' - Glitz, Glam and shazam!!This workshop is heavily inspired by the wonderful world of the glamorous showgirl but with a little modern flair. We will explore popular movements unique to jazz, hip hop, belly dance, and the shosho signature flavor. We will then combine the movements with a showgirl attitude. Be ready for a whole lot of pizzazz as we work through techniques, and combinations in order to create a short choreography. This will be a fun and high energy workshop for all levels.



# What are the Teachers Teaching? Thursday 2019



#### INDIVIDUAL WORKSHOPS OR FULL DAY OF THREE WORKSHOPS THURSDAY

Page 2

#### Constellation Room - Dance & Dance/Musician



Suzanna Walker - Thursday - 9:00am - 11:00am - 'QUICK COMBOS' to the song "Watch Out for This". You will learn Belly Dance combinations lightly fused w/Tribal and traditional Reggae moves. You'll have combination options to speed up or slow down for your particular dance style and make it your own. I will also demonstrate how I fuse Glute shimmy (I like to call Butt-Bounce) into Belly Dance.



KataMaya & Malachi - Thursday - 11:30am - 1:30pm -'DANCING WITH A DRUMMER: CANNED TO LIVE!'- Taking a music track from recorded to live is never the "cake walk" it appears. Learn tips, tricks, and combos of how to work with a drummer, in advance and "live", when converting a beloved drum solo to a rockin' live performance!



Adriana Sandoval - Thursday - 2:00pm - 4:00pm - 'FAN VEIL' - Choreo to "Yearning" -We've all heard the beautiful and emotional song Yearning by Raul Ferrando...join Adriana in her interpretation using fan veils in a soft but dramatic choreography. Bring with you the regular FULL- size fan veils





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#### THE HAPPENINGS

Please check the Happenings Page on our website ... It has a complete Calendar of Events

www.isisandthestardancers.com/Happenings.html

#### THE STAR DANCER NEWSLETTER

can be found on a regular basis:

www.isisandthestardancers.com/newsletters.html



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And please pass it on to your friends we'll update as often as we can!!



Isis Star Dancer Studio & Academy of Performing Arts

The Wings of Isis Belly Dance Company

The Belly Dance Chronicles

Yaa Halla, Y'all Belly Dance Event

# What are the Teachers Teaching? Friday YHY 2019



YHY Complimentary Yoga with Inaya - Friday - 8:30 - 8:55am - DAILY - Galaxy Room - Begin your workshop day with a Yoga warm up! Attendees should wear comfortable fitness or dance clothing (narrow leg pants, capris or shorts are recommended) a warmer layer that can be removed, and are encouraged to *bring a yoga mat or large towel. Yoga blocks, stretching straps or fitness towels are also helpful, but not necessary.* 

#### FRIDAY FULL DAY CELESTIAL ROOM - Dance Celestial Room - Dance



Dalia Carella - Friday - 9:00am - 12:00pm - Celestial Room - "DANSE ORIENTAL (Near / Middle Eastern Bellydance)' - the Dalia Carella Technique - Dalia has created her own unique style in the field of Middle Eastern Dance, which students worldwide seek to be instructed in this format. This class focuses on taking traditional dance steps of the Near and Middle East while adding a contemporary twist within a Belly Dance format creating interesting combos, choreography and sizzling steps. Hip Work, interesting hands, body isolations and creative floor designs are taught in this class. The student really gets a class in technique and how to bring out more of their "sassiness and sensuality" while becoming one with the music!



**Ansuya** - Friday - 1:00pm - 4:00pm - Celestial Room - 'SACRED SINUOSITY' - In this "Sacred Sinuosity" practice, Yoga is blended with the snake like movements of Bellydance in order to activate the chakras, awaken the energy of kundalini rising, and release the goddess within! Class will begin with blissful breath, mandala meditation, and creative visualization to deepen your state of calm, illuminate your intuition, heighten your dance artistry, enhance your ability to focus, and ignite your power of intention! This will be followed by a deep delve into Ansuya's \*BBM\* Bellydance Body Mechanics approach to Taxim and Chiftitelli

moves, including specialized stretches and strengthening exercises designed to increase your range of motion and emotional expression, preparing you for exquisite levels of intuitive improvisation. From here, we will enjoy our "Hatha" Yoga poses which will be moved through at a slow pace to give time to build strength and balance within poses and during transitions between poses. Assistance on pose alignment and stretching modifications will be given for developing the flexibility and strength needed for each pose. Then we will crown each of these Yoga pose jewels by layering on the slow isolations of Bellydance for the Sacred Sinuosity effect! Floorwork is included, so bring your mat! Breaks are taken between poses, or at any time that rest is needed, and our "Yin" poses are held for longer periods of time in order to access the deep connective tissues and fascia between and surrounding the muscles of the body. Benefits include increased circulation which delivers hydration and nutrients to the joints, deepened flexibility, and calming of the nervous system. This helps with releasing tension as you restore your body and rejuvenate your being! Class will wind down with a return to blissful breath and mandala meditation and will conclude in restful Shavasana.

#### **INDIVIDUAL WORKSHOPS OR FULL DAY OF THREE WORKSHOPS FRIDAY**



**Galaxy Room - Dance** 

**Mia** - Friday - 9:00am - 11:00am - Galaxy Room- 'CREATION MYTHS' - Become immersed in ancient cultures as you dance to life their creation myths! Enjoy uniquely crafted combinations and experience a variety of fusion flavors with each myth accompanied by distinctive music and specially stylized attitudes and movements. Remember to bring with you an sense of adventure!



**Colleena Shakti** - Friday - 11:30am - 1:30pm - Galaxy Room - 'INDIAN FUSION NUANCES - mudra, walks, gaze and expression'. This workshop will be a careful breakdown of nuanced movements found in various Indian classical and folkloric dance styles, such as: Mudra, gaze, arm patterns, movement principles, full body postures and trajectory through space. The workshop will progress to movement phrases combining Indian nuances with Belly Dance in an elegant seamless fusion. A basic knowledge of belly dance vocabulary is required for this workshop.



Silvia Salamanca - Friday - 2:00pm - 4:00pm Galaxy Room - 'ALL ABOUT LAYERS: Who knew your body could do that?' - Get ready to spice your dance with the universe of layers! We will break down different approaches to master layers and then we will learn those jaw-dropping combinations that use all the different parts of the body in mesmerizing ways.



# What are the Teachers Teaching? Friday YHY 2019



#### INDIVIDUAL WORKSHOPS OR PART OF MUSICAL PACKAGE WORKSHOPS FRIDAY

page 2

#### **Constellation Room - Music**



Badrawn - Friday - 10:00 am - 12:00 pm - Constellation Room - 'UNSQUARED MELODY with BADRAWN!' - Musicians, lately are you finding four is a bore? Has stopping at eight become not so great? Is it too true that two is not you? Then come learn some tunes in not so even beats with Badrawn! We'll be teaching several traditional songs in varying difficulties, and even more varying time signatures. The class is open to musicians on all instruments and all skill levels, including percussionists. Sheet music will be provided for the songs presented. The ability to read sheet music, however, is not a requirement to attend this workshop.



Karim Nagi - Friday - 1:00pm - 3:00pm - Constellation Room - 'ARABIC MELODY FOR MUSICIANS'-All melodic acoustic instruments are welcome is this ensemble-style workshops. Students can bring any western or eastern wind, plucked string, or bowed instrument. Reading notation is not mandatory. Students will follow Mr. Nagi and learn how to play melodic scales and phrases of Arabic music. This class will guide the students through famous Arabic Maqam scales, decoration & ornamental playing, and Taqasim improvisation. It will develop their ears, and understanding of the Arabic style, all while using an instrument that they are already comfortable with.



# What are the Teachers Teaching? Saturday YHY 2019



YHY Complimentary Yoga with Inaya - Saturday - 8:30 - 8:55am - DAILY - Galaxy Room -Begin your workshop day with a Yoga warm up! Attendees should wear comfortable fitness or dance clothing (narrow leg pants, capris or shorts are recommended) a warmer layer that can be removed, and are encouraged to *bring a yoga mat or large towel. Yoga blocks, stretching straps or fitness towels are also helpful, but not necessary.* 

### **SATURDAY FULL DAY CELESTIAL ROOM - Dance**

**Celestial Room - Dance** 



**Bozenka** - Saturday - 9:00 am - 12:00 pm - Celestial Room - 'FLUID YET EARTHY' by Bozenka- Move to your best potential. Bozenka will demonstrate how her light yet strong connection to "earth" movements are executed. This workshop will begin with a lengthy and detailed warm-up and build up to drills and combinations. Find yourself moving every part of your body in complete relaxation and focus. All levels welcome!



**Ansuya** - Saturday - 1:00 pm - 4:00 pm - Celestial Room - 'YOGA DANCE FUSION' - In this "Yoga Dance Fusion" practice, no holds are barred as a full expression of dance and flexibility is guided using Yoga, Bellydance, African and Contemporary inspired movements along with high intensity exercises to ensure you get your heart pumping while you smile, laugh, get wild and free! Class will begin with standard fitness warm up and exercise moves to get you loosened up and revved up for more. This will be followed by Ansuya's \*BFF\* Bellydance Fitness Fusion approach to drilling the fundamental fast steps and isolations of Bellydance

to increase your stamina and ability to project your persona as you dance! From there, standard "Hatha" Yoga poses are blended with African and Contemporary moves designed to give you a whole new sense of the power of your body and your sense of sensuality. Assistance on pose alignment and exercise modifications are given for developing the flexibility and strength needed for each exercise. Breaks are taken between exercises, or at any time that rest is needed, and our "Yin" poses will be held for longer periods of time in order to access the deep connective tissues and fascia between and surrounding the muscles of the body. Benefits include increased circulation which delivers hydration and nutrients to the joints, deepened flexibility, and calming of the nervous system. This helps with releasing tension as you restore your body and rejuvenate your being! Class will wind down with blissful breath, mandala meditation and will conclude in restful Shavasana.

### INDIVIDUAL WORKSHOPS OR FULL DAY OF THREE WORKSHOPS SATURDAY

**Galaxy Room - Dance** 



Meera Varma- Saturday - 9:00 am - 11:00 am - Galaxy Room - 'RAQS INFUSION - Indian Bellydance Fusion' - Enter a creative world of cultural expression, in a choreography fusing elements of Indian dance and Bellydance, producing a hybrid of 21st century artistic movement. Celebrate the different phases of power and inner strength, while bringing sensuality to light, both within you and on stage. Let your senses ignite to this powerful musical piece!



**Dalia Carella** - Saturday - 11:30 am - 1:30 am - Galaxy Room - 'TANGO FUSION with VEIL' - The Passionate Veil - Looking for different ways of expressing yourself? This class is geared towards helping dancers to create movement and shapes and using the veil as your partner in dance.. Learn to become one with the veil, feel its intensity, feel its beauty, flow with it. Expressive combinations and air design movement will be explored while using a veil to sultry tango music. Experience Dalia's unique approach to veil work through her invaluable dance experience throughout the years. Please bring a 3.5-4 yard veil



**Colleena Shakti** - Saturday - 2:00 pm - 4:00 pm - Galaxy Room - 'INDIAN FUSION' -Combinations 1 - Integrating details of Indian classical dance and challenging spins, with earthy, strong, fluid belly dance, movements will be carefully broken down and then woven together into dance phrases that demonstrate the elegant Indian mood of this style. Traditional Indian movements will be looked at and how we can intelligently embellish and combine movements, without losing their original flavor. A basic knowledge of belly dance vocabulary is required for this workshop.



# What are the Teachers Teaching? Saturday YHY 2019

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#### INDIVIDUAL WORKSHOPS OR PART OF MUSICAL PACKAGE SATURDAY

page 2

#### **Constellation Room - Music**

Karim Nagi - Saturday - 10:00 am - 12:00 pm - Constellation Room 'RIQQ (ARAB TAMBOURINE)' - The "Riqq" tambourine is the lead percussion instrument in the Arabic orchestra and classical ensemble. It is played with the fingers on both the skin and the cymbals. The technique calls for three different holding possitions and techniques. In addition to Arabic music, these instruments are widely used in Turkish, Iranian, Balkan, Gypsy and Mediterranean music. Students will learn technique, stamina, rhythmic repertoire and various ethnic styles. Karim Nagi has recently authored a comprehensive Instructional Riqq DVD.



Soroush - Saturday - 1:00 pm - 3:00 pm - Constellation Room

'MID-EASTERN MUSICALITY AND IMPROVISATION GAMES' - Come discover the joy of middle eastern music and improvisation. Improvisation in music is a solo that is written and played in the moment. In this workshop we will learn an original tune written by Soroush. We will also develop our improvisation skills through group musical games designed to flex your brain muscle and have fun doing it. This workshop is not only for drummers, but also melody instruments for those who are familiar with their instruments. No previous improvisation experience is necessary.



# What are the Teachers Teaching? Sunday YHY 2019



YHY Complimentary Yoga with Inaya - Sunday - 8:30 - 8:55am - DAILY - Galaxy Room -Begin your workshop day with a Yoga warm up! Attendees should wear comfortable fitness or dance clothing (narrow leg pants, capris or shorts are recommended) a warmer layer that can be removed, and are encouraged to bring a yoga mat. Yoga blocks, stretching straps or fitness towels are also helpful, but not necessary.

#### SUNDAY FULL DAY CELESTIAL ROOM - Dance Celestial Room - Dance



**Bozenka** - Sunday - 9:00 am - 12:00 pm - Celestial Room - "VEIL ROUTINE BOZENKA STYLE' - In this vorkshop dancers will apply Bozenka's techniques to making veil work appear effortless. Guidance on posture, lines/aesthetics and fluidity will be drilled all while learning a brief choreography to a unique piece of music sure to appeal to dancers of all styles (under the oriental dance umbrella). This workshop is suited for all dancers with a basic to intermediate understanding and competence in bellydance movements. Veil "beginners" are welcome.



Amaya - Sunday - 1:00 pm - 4:00 pm - Celestial Room - 'HAVE YOU LOST YOUR JOY, YOUR YOU?'
Remember why you started this dance in the first place??? Through Amaya's releasement drills, gorgeous mystical music and philosophy ala Bert Balladine... revisit joyful dance, revisit organic dance, revisit what brought you to this dance. Let us to peek into your soul. No choreography here, just organized and organic in-the-moment bliss. "Unless you start feeling the source of light within yourself, you will not be able to see that light anywhere else. First it has to be experienced within one's own being, then it is found everywhere" ~Osho Bring your favorite veil. (Intermediate level through pro)

#### INDIVIDUAL WORKSHOPS OR FULL DAY OF THREE WORKSHOPS SUNDAY

#### **Galaxy Room - Dance**



**Colleena Shakti** - Sunday - 9:00 am - 11:00 am - Galaxy Room - 'INDIAN FUSION - NORTH INDIAN & RAJASTHANI' - Colleena has spent almost 20 years in Rajasthan as a professional dancer/performer developing her own unique style of Rajasthani dance. She has conducted research in various Rajasthani folk dances and has years of experience touring India and the world with her team of Rajasathani musicians. This workshop will focus on dance phrases and techniques that combine North Indian dance techniques – meaning both folkloric, Sufi and classical movements. \*Please wear a long spinning skirt, as there will be many spins in this workshop. Level: Beginning - Intermediate



Karim Nagi - Sunday - 11:30 am - 1:30 pm - Galaxy Room - 'LIVE DRUM SOLO FOR DANCERS (movement class)' - Some dancers fear it ! Some overuse it ! Yet everyone adores a solo where the rhythmic drums and the dancer's body lock together. Melodic songs are lyrical and eloquent. But drum songs are percussive and articulate. Fact: A drum solo in the Egyptian, Arabic, or Cabaret style is systematic. They have predictable themes. Each is like a variation on a famous story, retold with new voices and with different accents. Karim is a drummer and a dancer, so he knows what both creatures need in order to meld together. He will teach the iconic Hagalla sequence, the shimmy-to-roll-relation, dum hips & tak shoulders, signaling, Masmudi's many Dums, Wahda Kabira to Fallahi, Ayoub's momentary Zaar, and how to 'Finale' together banevolently'. After this class transforms you a doef man will be able to hear the drums by

together, benevolently! After this class transforms you, a deaf man will be able to hear the drums by watching your body. This class uses exclusively LIVE drumming, and teaches the dancer how to understand and communicate with the drummer, what to expect, and how to be ready for improvisation.



Mia Sha'uri - Sunday - 2:00 pm - 4:00 pm - Galaxy Room - 'Cabaret Combinations with Zills' - Get ready to learn engaging combinations with a coquette and dynamic Caribbean flavor! Based on a restaurant style approach, these fun zill creations will make your audience look up and pay attention. \*Please make sure your elastics are nice and tight. We want to keep zill missiles to a minimum. (All levels welcome) WHAT TO BRING: Zills

July 25-28, 2019

# What are the Teachers Teaching? Sunday YHY 2019

#### INDIVIDUAL WORKSHOPS OR PART OF MUSICAL PACKAGE



**SUNDAY** page 2

#### **Constellation Room - Music**

Reda Darwish- Sunday - 10:00 am - 12:00 noon & 1:00 pm - 3:00 pm - Constellation Room **Drum Classes** 

> Intermediate/Advanced - 10 am - 12 noon -Drum Classes Advanced - 1 pm - 3 pm -Drum classes

# CARL F. SERMON PHOTOGRAPHY

Stage and Studio Performance Photography **Reel Sound and Light Productions** 



Carl photographing all performers, photos available. www.ReelSoundandLight.com Reel.Sound@comcast.net

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Scarby photos this issue: Selfies, Photography on the Run, Gail Dittenber, Sahra Sahra, William Hohman, Angela Thomas





# PRIVATE LESSONS AVAILABLE - ISIS STUDIO

Working on your solo ... or Auditions for Festivals, Haflas, Competitions or Yaa Halla, Y'all, or need help on class dance or music choreographies?

#### Who ya gonna call??

Sign up at the Studio Counter and you will be contacted by the Instructor to schedule a time that works for both of you.

### KEDE

Count on her for helping you get that extra edge you'll need to show off your solo skills and polish your choreography. Cabaret Solo, Troupe, Trio, Duet, and Mini Ensemble competition winner.

## SAFIRA

Fusion, Cabaret, a bit of everything - great at creating choreographies just for you -Cabaret Solo, Troupe, Trio, and Angels Troupe competition winner.

### LYNX

Excellent with props, Restaurant Dancer. Skilled with both Fusion L Cabaret. Solo, Musical L Duet Competition winner







## MISHAEL

Get great help with creating your personal Choreographies. Mishael is one of the Wings' primary outstanding Choreographers - cabaret or fusion - Troupe competition winner.

# MAHSATI

Mahsati knows those class choreographies, including Professional Perf. Co. and can break them down to help you start to love your skills ... you can do it! Duet & Troupe competition winner.

# ADITI

Let Aditi add a fusion kick to your Solo choreography. She's got it goin' on and will work your body and add the fun. Great talent.

# AHAVA

A musician both with instruments and her dance - Ahava can help you feel the music and make your dance sing to your audience - Duet & Troupe competition winner.

### PERSEPHONE

Knows all the choreographies from Advanced I through IV and is very detailed in breaking them down. Duet, Troupe & Solo competition winner.

# ISABELLA

Isabella's specialties are performance presentation L stage make-up. Once you have a dance plan, get great input on making you look GOOD! Troupe competition winner.



# SOROUSH

Beginner and Intermediate Drum Instructor -Professional Musician.



Advanced Drum Instructor Professional Musician



# **CONGRATULATIONS!**

Congratulations to Tammye Nash for being on a billboard in Times Square in NYC Wednesday, May 22, 2019, at 11:25.04 a.m. (EST), as part of the Great Cycle Challenge's Tribute Day.

photo right: Billboard in NYC with Tammye Nash top left

Congratulations to Alice & <u>Nicholas Godbey</u> on the birth of their son Alexander & wife Lesley's new son, Oliver Godbey, born May 22, 2019.



<u>Congratulations to</u> <u>Brenda Schrader on her</u> <u>son Josh and Victoria</u> <u>Schrader's</u> wedding on May 19, 2019 (below)



photo left: Alice with grandbaby Oliver Godbey

<u>Congratulations to Marisa Cornell</u> on being awarded her Wood Badge by the Boy Scouts of America! (photos below)





Congratulations to Linda Ruvani Mallon on her outstanding success at the Belly Dancer USA competition - Golden Girls Category - 1st Place People's Choice - 2nd Place Judges' Choice ... June 3, 2019



photo below: photo above: Ruvani center Ruvani



photo left: Brenda Schrader photo below: Victoria & Josh Schrader



# **CONGRATULATIONS!**

Congratulations to Heather Hines son, Jason Gauthier on his graduation from Martin High School in Arlington, on June 7, 2019

photo right: Jason Gauthier

photo below: Mom, Heather Hines



Congratulations to **Catherine Piske's** daughter Emily Graham on her graduation from iUniversity Prep, with many honors, June 8, 2019 photos left below: **Emily** Graham





**Congratulations to Fara** Hunter's son, Jake Hunter on his graduation from Haltom High School June 2, 2019 photo Jake & Mom Fara below



photo left: Mom Catherine Piske

Congratulations to Cassie & Torre Quinn's daughter, **Caitlin Ouinn** on her graduation from Arlington High School as a National Merit Commended Scholar (one of four in her class of more than 600 students), International Baccalaureate Diploma Candidate, Magna Cum Laude. June 8, 2019

photo right: Caitlin Quinn

photo below: Mom, Cassie Quinn & Caitlin Quinn



**Congratulations to** Aditi's son, Dejuan Allen's graduation with honors! photo Dejuan Allen below





photo left: Dejuan Ållen and Mom Kristena Aditi Allen

**Congratulations to Astrid** Diaz's daughter Isis on her graduation from St. Paul's **Preparatory Academy, May** 19, 2019 photo Isis Diaz below



Isis Diaz





photo above: Mary Alice "Mickey" Kucavik Adams

photo right: Gloria Hanchette





photo above:

Dossie Ellen Darr

photo left: Tracy Hammonds

### **OUR THOUGHTS** SENDING PRAYERS

**Our Sympathies to Gloria Hanchette** and family on the loss of her Mother, Mary Alice "Mickey" Kucavik Adams, May 24, 2019.

**Our Sympathies to Amie Deupree and** family on the of her Mother, Barbara Wylie, May 15, 2019.

**Our Sympathies to Tracy Hammonds** and family on the loss of her Grandmother, Dossie Ellen arr, May 15, 2019.

**Our Sympathies to Tracy Hammonds** and family on the loss of her Mom, May 16, 2019.

**Our Sympathies to Heather Hines and** family, on the loss of her brother-inlaw's father, Jimmie Love.

**Our Sympathies to Susan Van** Sorenson & family on the loss of her Grandfather, March 25, 2019.

**Our Sympathies to Barbara** Kapuski and family, on the loss of her Mother, Jo Komanecky, February 21, 2019

**Our Sympathies to LaShay Bigham** Geddes and family, on the loss of her father, Norman Bigham, January 3, 2019.

**Our Sympathies to Heather Hines** and family, on the loss of her Aunt, Consuelo Compos, October 17, 2018.



photo above: **Barbara** Wylie

photo right: **Amie Deupree** 



photo right: **Heather** Hunt



photo left: Jo Komanecky

> photo left: Barbara Kapuski



**GET WELL WISHES** 

**& SYMPATHIES** 

**OUR THOUGHTS ARE WITH YOU!** 

Get Well Wishes for Everyone who is out with illness due to the weather - prayers and we miss you!

Get Well Wishes for Gloria Hanchette's husband, Michael.

Get Well Wishes for Connie Childress' Mom and Dad.

Get Well Wishes for Sandy Mezanazi.

Get Well Wishes for Nicholas Godbey.

Get Well Wishes for Donna Boultinghouse's Dad.

Get Well Wishes for Sarah Kavaljian's Dad

Get Well Wishes for Jennifer Graham.

Get Well Wishes for Rose Jeffries and her Mom.

Get Well Wishes for Lynn Jacob's Mom. Get Well Wishes for Barbara Arnold-Feret.

Get Well Wishes for Bob Chabot.

Get Well Wishes for Jennifer Stripolli.

Get Well Wishes for Sandra Comer's Dad.

Get Well Wishes for Cassie Quinn's Mom and Grandmother.

Get Well Wishes for Brenda Shrader's daughter.

Get Well Wishes for Amanda Majors

Get Well Wishes for Tonie Brown

Get Well Wishes for Lyn Argenbright's Mom.

Get Well Wishes for Heather Hines' Mom.

Get Well Wishes for Tammye Nash's Mom.

Get Well Wishes for Linda Earheart's Husband

Get Well Wishes for Amy Moore's Mom & Dad.

Get Well Wishes for Sandra Comer's Brother.

Get Well Wishes for Karen Nettles' Mom

Get Well Wishes for Patty Musch's Husband.

Get Well Wishes for Tammye Nash.

Get Well Wishes for Carol Cichon's Mom

Get Well Wishes for Dez Conner.

photo left: Consuelo Compos

### **CALENDAR OF EVENTS**



36 - June 2019

CDT Tuesday - 8:30pm